



Personal Development at Mountnessing C of E Primary School

"Unlocking every child's potential as a unique child of God."

Personal development is a significant strength at Mountnessing and sits at the heart of our vision. Through our curriculum, enrichment opportunities, leadership roles and strong Christian ethos, we ensure pupils develop the knowledge, character and confidence needed to thrive and flourish, both now and in the future.

Our Personal Development Offer:

Character and Values

- Christian Values are embedded throughout school life and are understood and lived by pupils.
- Value Ambassadors promote and model our school values. Once children have achieved all 6 Christian Values badges throughout their time in our school they can become value ambassadors. They wear a different coloured tie and achieve an trophy. They then demonstrate these values and teach others how to show them.
- Kindness Days and Kindness Club encourage empathy, respect and service to others.
- Regular celebration assemblies recognise achievement, attendance, effort, Headteacher Awards, Dotty Awards, Simbi Awards and personal successes.
- The Brentwood Schools Christian Workers Trust (BSCWT) visit school every week and offer mentoring for individual children. They also lead worship once a half term and support school with prayer spaces and spiritual areas. They also lead a club for year 4 at lunchtime once a week.

Personal, Social and Health Education

- Jigsaw PSHE curriculum provides a progressive programme of personal, social, health and economic education.
- Relationships and Sex Education is delivered through our RSE policy and Jigsaw curriculum.
- My Happy Mind (from September 2026) further strengthens mental health, self-awareness and emotional wellbeing.
- We All Belong (No Outsiders programme) promotes inclusion, diversity, respect and belonging through assemblies, classroom learning and discussion.

Pupil Leadership and Pupil Voice

Pupils have extensive opportunities to develop leadership skills through:

- School Council
- Eco Council
- Value Ambassadors

- Agents of Change who visit our local dementia respite group every other week.
- Trust Ambassadors
- Year 6 leadership responsibilities
- Year 6 end-of-year speeches and presentations

Wellbeing and Emotional Development

- Forest School supports resilience, confidence, emotional regulation and teamwork.
- School dog provision supports wellbeing and emotional development.
- Healthy Schools accreditation reflects our commitment to emotional health and community engagement.
- Agents of Change visit the local Forget Me Not Dementia respite Club which provides additional opportunities for social and emotional development.
- Zones of regulation are used and displayed in every classroom. Children are encouraged to use this and the tools displayed to support their emotional regulation with adult support where need.
- Morning meetings happen in every class, these give the children an additional chance to connect to each other and their teacher. Feel that they belong and help regulate.
- Kids Inspire Therapy can be offered to any child who needs it with consent from their parents/carers. This is through individual consultations and referrals by our SENCO.

Safeguarding and Keeping Safe

- Yearly NSPCC safeguarding workshops help children understand how to keep themselves safe.
- Ongoing discussions happen with children about behaviour, being safe, who they can talk to etc through lessons and worship.
- Online safety education is embedded across the curriculum.
- Pupils learn about healthy relationships, consent, boundaries and wellbeing through the PSHE curriculum as well as in the morning meetings where appropriate or separate lessons.

Broadening Horizons and Aspirations

- Educational visits and residential experiences enhance learning and cultural capital – see the list for each year group
- Planned enrichment opportunities provide experiences beyond the classroom.
- Personal Development Passports (from September 2026) captures and celebrates the rich range of opportunities already embedded within school life whilst encouraging pupils to extend their experiences further.

Community and Citizenship

- Active involvement in community events. Trips to the local windmill, helping the parish council, local dementia group, local secondary schools.
- Trust wide pupil activity
- Strong partnership with Friends of Mountnessing School (FOMS) to fundraise for our school and charities.
- Charity fundraising and awareness raising activities. Demetia week and Macmillan are always celebrated as well as other charities that we want to support.
- Dementia Awareness Week, including pupil-led fundraising and learning opportunities for Agents of Change.
- Opportunities to contribute positively to local and wider communities.

Physical Development and Healthy Lifestyles

- Extensive extra-curricular clubs designed to engage a wide range of interests and talents.
- Gold School Games Mark achieved for the past three years.
- Opportunities to participate in competitive sport and inter-school events through the Shenfield Sports Partnership
- Promotion of healthy lifestyles through curriculum and enrichment activities.

Impact

As a result of this comprehensive programme, pupils are confident, respectful and caring individuals who actively contribute to their school and wider community. They understand and celebrate diversity, demonstrate the school's Christian values in action, know how to keep themselves safe and healthy, and are well prepared for the next stage of their education and life in modern Britain. This reflects our commitment to unlocking every child's potential as a unique child of God.