















ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Cheese & ham quesadilla

Date: 6/1/25 chef: Charlotte

Please state the name of the cereal(s) containing gluten* AND/OR the name of the nut(s)†

 Celery <input type="checkbox"/>	 Cereals containing gluten* <input checked="" type="checkbox"/>	 Crustaceans <input type="checkbox"/>	 Eggs <input type="checkbox"/>	 Fish <input type="checkbox"/>
 Lupin <input type="checkbox"/>	 Milk <input checked="" type="checkbox"/>	 Molluscs <input type="checkbox"/>	 Mustard <input type="checkbox"/>	 Nuts† <input type="checkbox"/>
 Peanuts <input type="checkbox"/>	 Sesame seeds <input type="checkbox"/>	 Soya <input type="checkbox"/>	 Sulphur dioxide <input type="checkbox"/>	<p>Tick the allergens which are in the dish</p> <input checked="" type="checkbox"/>

Notes:

Reviewed and checked by:



You can find this template and others, including more information at www.food.gov.uk/allergy-guidance